

## Rehabilitation of Atrophic Maxilla with Tilted Implants – Case Report

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## Case Description

A 81-year-old male patient, without systemic disorders, came to the appointment referring lack of masticatory function. After careful analysis of the clinical history, OPG and CT, we opted for a implant-supported oral rehabilitation. It was planned six implants in upper atrophic maxilla (Implant Direct – Swish Plus), with immediate placing of 2 implants after extraction and 2 posterior tilted implants due to the severe pneumatization of maxillary sinus and bone ridge resorption. The prosthetic phase was initiated 4 months after implants surgery.

## Case Report



Fig. 1 – Initial OPG



Fig. 2 – Initial photo



Fig. 3 –SwishPlus 13mm Implant



Fig. 4 – Implant placement at 1º Q.



Fig. 5 – Implant placement at 2º Q.



Fig. 6 – Post extraction sockets with autogenous bone graft



Fig. 7 - Suture



Fig. 8 – Post-healing image of gingival margin



Fig. 9 – Ferulization of impression pilars with duralay (pre-cutted at lab)



Fig. 10– Hybrid overdenture prothesis – oclusal view



Fig. 11 – Final photo



Fig. 12 – Final OPG

Surgery performed by David Alfaiate

# Discussion

The placement of tilted implants with the objective of reduce the necessity of bone grafts and increase bone support has been reported by several authors and allows a viable rehabilitation, minimally invasive and with good acceptance by the patient. The placement of tilted implants is a viable surgical alternative in anatomic regions such as: the anterior or posterior wall of the maxillary sinus, the palatal curvature or the pterygoid process. <sup>(1,2)</sup> This treatment option, allied to the use of longer implants, allows an improved primary stability favoring immediate loading. Also, allows the adequate distribution of the implants, resulting in a more uniform distribution of forces and the decrease or elimination of the cantilever.<sup>(3)</sup> This technique demands high surgical skills as well as a rigorous treatment planning. Some authors have been questioning the biomechanical qualities of this surgical option, however there are no statistical differences when compared with implants placed conventionally. <sup>(2,3,4)</sup>

#### Conclusion

Tilted implants allow an implant-supported rehabilitation of atrophic maxilla, decreasing the waiting time, the patient's morbility and the costs of the treatment.

### Bibliography

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