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Book information

Authors: Norbert Salenbauch / Arrigo Cipriani / Volker Kriegel

Title: Al dente

Subtitle: Culinary Delight for the Dental Patient

Short text:

With genuine understanding for patients undergoing the pain and trauma of rehabilitative treatment, Dr Norbert Salenbauch shows that it is possible to eat well, even feast, throughout the different phases of dental treatment. This book provides valuable preventive measures, self-care tips, and humorous vignettes from his practice, interspersed with the tantalizing recipes and culinary advice of Arrigo Cipriani, owner of the famed Harry's Bar. The reader is taken from the dental chair into a friendly Italian kitchen, where the seductive, comforting aromas and rich flavors seem to waft off the pages and into the senses. The book shows patients that there is no medicine like good food and laughter.

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