



Edition: 1st Edition 2025
pages: 150
Images: 330
Cover: Hardcover; 21.6 x 27.9 cm
ISBN: 978-1-64724-212-1
Expected Publication: September 2025

Quintessence Publishing Company, Inc.

 411 North Raddant Road
Batavia
Illinois IL 60510
United States of America

 +1 (0)630 / 736-3600

 +1 (0)630 / 736-3633

 contact@quintbook.com

 <https://www.quintessence-publishing.com/usa/en>

Book information

Authors: Mario Romero
Title: Minimally Invasive Esthetic Dentistry
Subtitle: "No Drill" Techniques

Short text:

In an age when smile esthetics are more important than ever, many patients are treated with invasive and costly restorative procedures that require tooth reduction and the destruction of perfectly good enamel. Patients receiving "smile makeovers" often do not understand the biologic cost of removing enamel—a beautiful tissue that not even the best biomaterials can truly mimic. Modern ceramics might come close, but only enamel can last forever. The ultimate goal of minimally invasive dentistry is to keep teeth intact for life. This book describes the best minimally invasive procedures for improving smile esthetics while preserving the natural tooth structure. Dive in to learn more about nightguard bleaching, enamel microabrasion, resin infiltration, and no-prep restorations, as well as tips for achieving great rubber dam isolation. Your efforts will be rewarded with beautiful and long-lasting results.

Contents

Chapter 1. Introduction to Minimally Invasive Dentistry
Chapter 2. Rubber Dam Isolation
Chapter 3. Nightguard Vital Bleaching
Chapter 4. Enamel Microabrasion
Chapter 5. Resin Infiltration
Chapter 6. No-Prep Esthetic Restorations

Categories: Esthetic Dentistry, Restorative Dentistry