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Treatment of intrabony defects with Ostim® or Emdogain®

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Authors:

Dr. Elyan Al-Machot, ZA. Ihssan Khalili, PD Dr. med. Barbara Noack, Prof. Dr. med. habil. Thomas Hoffmann, Dresden University of Technology, Medical Faculty, Department of Periodontology, Dresden, Germany

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Objectives

Comparison of the treatment outcomes after regenerative periodontal surgery using either an enamel matrix derivative (Emdogain®) or a synthetic bone graft (Ostim®) in wide intrabony defects.



Fig. 1a: Study Design

Material and Methods

Twenty-four patients with chronic periodontitis were recruited at a German university dental clinic. All patients showed intrabony defects of at least 4mm depth and 2mm width. Using a microsurgical technique, a modified papilla preservation flap was prepared. After debridement, patients were randomly assigned to Emdogain group (control) or Ostim group (test), figure 2 (a, b). Assessments at baseline and after 6 months included bone sounding, attachment level, probing pocket depth, and bleeding on probing. Early wound healing, adverse effects and patients perceptions were also recorded, figure 1.



Fig. 2a: Treatment with EMD



Fig. 2a: Treatment with EMD



Fig. 2a: Treatment with EMD



Fig. 2a: Treatment with EMD 1 week



Fig. 2a: Treatment with EMD 2 weeks





Fig. 2b: Treatment with Ostim



Fig. 2b: Treatment with Ostim



Fig. 2b: Treatment with Ostim



Fig. 2b: Treatment with Ostim 1 week





Fig. 2b: Treatment with Ostim 2 weeks



Fig. 2c:Defect characteristics at baseline

Fig. 2c:Defect characteristics at baseline

Results

Both treatment modalities led to significant clinical improvements. Change in bone fill 6 months after surgery was 1.5mm (\pm 1.7) in the test group and 1.5mm (\pm 1.3) in the control group, respectively. A gain in clinical attachment (RAL) of 1.7mm (\pm 2.1) in the test group and 2.1mm (\pm 1.8) in the control group was observed. A reduction in probing pocket depth (PPD) of 2.9mm (\pm 1.8) in the test group and 3.2mm (\pm 1.4) in the control group was recorded (Tables). One week after surgery, primary closure was maintained in 100% of both the test and control groups, figure 3 (a). No differences in patients' perceptions were found, figure 3 (b).

	Baseline	6 Mont	hs Baseline	6 Mon	ths
Bone Sounding					
Mean	11.6	10.4	11.1	9.5	
Standard deviation	1.6	1.4	1.8	2.3	
P-value		0.002		0.009	
Relative Attachment Level (CAL)					
Mean	9.5	7.5	9.2	7.5	
Standard deviation	1.4	1.5	1.9	2.5	
P-value		0.002		0.021	
Probing Pocket Depth (PPD)					
Mean	6.3	3.0	6.4	3.5	
Standard deviation	1.0	1.0	1.5	1.2	
P-value		<0.001	<0.001 <0.00		1
Tab. 1: Comparison of Clinical outcomes (mm) after 6 months					
	EMD		Ostim		
Baseline vs. 6 months	Mean ± Standard deviation		Mean ± Standard deviation		P-value
PPD Reduction	3.2 ± 1.4		2.9 ± 1.8		0.50
RAL Gain	2.1 ± 1.8		1.7 ± 2.1		0.82
Bone Fill	1.5 ± 1.3		1.5 ± 1.7		0.75

Tab. 2: Comparison of Clinical outcomes (mm) after 6 months



Fig. 3a: Early-Wound-Healing Index (EHI) Fig. 3b: Patients' perceptions

Conclusions

In both treatment procedures (Emdogain® and Ostim®) regenerative periodontal surgery in deep intrabony defects resulted in significant clinical improvement after 6 months compared to baseline. Further investigation is needed to identify factors influencing individual responses.

Abbreviations

PI: plaque index PPD: probing pocket depth RAL: relative attachment level BOP: bleeding on probing PP: patients' perceptions EHI: Early-Wound-Healing Index PTC: professional teeth cleaning

This Poster was submitted by Dr. Elyan Al-Machot.

Correspondence address: Dr. Elyan Al-Machot Dresden University of Technology Medical Faculty, Department of Periodontology Fetscherstraße 74 01307 Dresden Germany

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