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# Plasma Bleaching "Having a Whiter Future"

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### What is Plasma???

Plasma is a distinct phase of matter, separate from traditional solids, liquids and gases. It is a collection of charged particles that respond strongly to electromagnetic fields, taking the form of gas-like clouds and ion beams. Since the particles in plasma are electrically charged (generally by being stripped of electrons), it is frequently described as "Ionized Gas". Plasma was first identified (as "Radiant Matter") by Sir William Crookes in 1879. It was Irving Langmuir who assigned the term "Plasma".

## Potential Complications of Bleaching with Hydrogen Peroxide + Heat



Fig. 1 and 2: External cervical resorption





Fig. 3: Tooth hypersensitivity

There are due to high temperature used during bleaching and increased concentration of  $H_2O_2$ , which can be avoided using the novel technique of Plasma Bleaching.



Fig. 5: Production of plasma

Fig. 6: Mechanism of plasma action





Fig. 7 and 8: Chairside plasma device



Fig. 9: Appication of plasma jet (in vitro)



Fig. 10: Before



Fig. 11 and 12: C:  $H_2O_2$  + plasma (10 min.); D:  $H_2O_2$  alone (10 min.)



 $\begin{array}{ll} \mbox{Fig. 13: Ponceau staining (protein removal):} & \mbox{Fig. 14: Ponceau staining (protein removal):} \\ \mbox{H}_2 O_2 \mbox{ alone} & \mbox{H}_2 O_2 \mbox{ + plasma} \end{array}$ 

## Advantages of Plasma Bleaching

- 1. Lesser amount of heat production (around 38° C)
- 2. Increased amount of OH ions (twice than with  $\mathrm{H_2O_2}$  alone), so better results
- 3. Reduction in tooth surface proteins (measured by Ponceau Staining)

So, Plasma Bleaching is a more effective and saver method of tooth bleaching, making its way for the future.

This Poster was submitted by Dr. Ravi Sood.

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