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Long-term success of furcation therapy in molars. A retrospective analysis

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Introduction

Furcation involvement (FI) is a risk factor for tooth loss. Treatment of multirooted teeth with furcation involvement aims to improve the prognosis of the teeth and to prolong their retention in the oral cavity.

Objectives

The purpose of this retrospective study was to assess the long-term success after therapy of furcation involved molars.

Material and Methods

Patients

- 70 patients (40 females)
- Mean age at the beginning of periodontal therapy 46 ± 9 years (from 20 to 59 years)
- Inclusion criteria: periodontal therapy of at least one molar, at least 5 years of maintenance care (MC)

Assessment of furcation involvement (FI):



Fig. 1) Preoperative radiograph of tooth 16 (10.10.1994)



Fig. 2) Intrasurgical assessment of FI (10.10.1994)





Fig. 3-4) resection of the mesiobuccal root (10.10.1994)

- Baseline clinical or intrasurgical measurement of the FI (Fig. 2)
- FI was assessed with a curved, scaled probe (Q-2N [SS+SSC] Nabers colour coded, Hu-Friedy, Chicago, IL, USA) according to the following classification of Hamp et al. [1975]:
 - degree 0: the furcation is not probable
 - degree I: horizontal loss of periodontal tissue support <= 3 mm
 - degree II: horizontal loss of support > 3 mm, but not encompassing the total width of the furcation
 - degree III: horizontal through-and-through destruction of the periodontal tissue in the furcation

• In case of different degrees of FI in one tooth, the molar was characterized by the most severe furcation defect.

Periodontal therapy:

- Periodontal therapy was carried out in the Section of Periodontology, University of Heidelberg during the years 1992 to 1996.
 Therapy compromised two sequential stages of treatment:
- Active periodontal therapy (AT), professional cleaning and oral hygiene instructions, and if required further periodontal surgery (scaling and root planning [SRP], flap-surgery, tunnel preparation, root-resection, regenerative therapy)
 Maintenance care (MC), was scheduled between 3 months and one year according to the patient's individual risk for periodontal disease progression
- The mean follow-up period was 77 months (between 60 and 123 months)

Statistical analysis:

- Descriptive analysis of the data (mean, standard deviation), statistical analysis with the Chi-square-test
- Survival rate of the molars was calculated in relation to jaw, tooth type, and degree of FI using the Kaplan-Meier analysis and displayed as survival curve over the follow-up period (Systat® for Windows, version 10.0, Systat Inc., Evanston, IL, USA)





Fig. 6) Clinical situation 5 years after root-resection (21.02.2000)

Results

- At baseline of periodontal therapy the 70 patients presented a total of 501 molars (Tab.1):
 - Maxilla: 243 (48.5%), mandible: 258 (51.5%)
 - First molars: 191 (38.1%); second molars: 239 (47.7%); third molars: 71 (14.2%)
 - degree 0: 195 (38.9%); degree I: 119 (23.8%); degree II: 122 (24.3%); degree III: 65 (13%)
 - 72.8% of the maxillary molars had a probable FI but only 50% of the mandibular molars (p < 0.001)
 - FI of degree II or III was significantly more frequent in the maxilla (48.1%) compared to the mandible (27.1%; p < 0.001)

maxillary-molars mandibular-molars

| total number | 98 | 117 | 28 | 93 | 122 | 43 | 501 |
|--------------|---------|-----|----|------|------|----|--------------|
| III | 21 | 18 | 2 | 13 | 12 | | 65 |
| II | 37 | 38 | 2 | 19 | 25 | 1 | 122 |
| I | 25 | 30 | 5 | 26 | 26 | 7 | 119 |
| 0 | 15 | 31 | 20 | 35 | 59 | 35 | 195 |
| FI (degree) | 1. | 2. | 3. | 1. | 2. | 3. | total number |
| | (n=243) | | | (n=2 | 258) | | |

Tab. 1: Number of molars at the beginning of periodontal therapy

• *AT* (Tab. 2): 27 molars did not receive any further periodontal treatment (5.4%; 22 of them without FI), 126 molars were subjected to non-surgical therapy (SRP; 25.1%), and 230 to flap-surgery (45.9%); tunnel preparation was performed in 12 molars (2.4%), root-resection in 18 (3.6%), and regenerative therapy in 56 teeth (11.2%), 32 molars were extracted (6.4%)

| | | maxillary-molars | | | mandibular-molars | | | |
|----------------|--------------|------------------|----------|---------|-------------------|----------|---------|--------------------|
| | | (n=243 |) | | (n=258 |) | | |
| FI (degree) | therapy | 1. (98) | 2. (117) | 3. (28) | 1. (93) | 2. (122) | 3. (43) | total number (501) |
| | none | 3 | 3 | 5 | 4 | 3 | 4 | 22 |
| | SRP | 5 | 7 | 3 | 15 | 32 | 9 | 71 |
| | flap-surg. | 7 | 16 | 10 | 13 | 24 | 16 | 86 |
| 0 (195) | GTR | | 1 | | 1 | | | 2 |
| | tunnel-prep. | | | | | | | |
| | root-resec. | | | | 1 | | | 1 |
| | extraction | | 4 | 2 | 1 | | 6 | 13 |
| | none | | | | 1 | 2 | 1 | 4 |
| | SRP | 6 | 10 | 3 | 7 | 4 | 2 | 32 |
| | flap-surg. | 15 | 17 | 1 | 15 | 15 | 3 | 66 |
| | GTR | 2 | 2 | | 3 | 3 | | 10 |

| I (119) | |
|---------|--|
|---------|--|

| | tunnel-prep. | | | | | | | |
|--------------------|--------------|----|----|----|----|----|----|-----|
| | root-resec. | 2 | | | | 1 | | 3 |
| | extraction | | 1 | 1 | | 1 | 1 | 4 |
| | none | | | | | | | |
| | SRP | 10 | 5 | 1 | 2 | 1 | | 19 |
| | flap-surg. | 14 | 23 | 1 | 10 | 14 | 1 | 63 |
| II (122) | GTR | 10 | 7 | | 6 | 9 | | 32 |
| | tunnel-prep. | | | | | 1 | | 1 |
| | root-resec. | 3 | 1 | | 1 | | | 5 |
| | extraction | | 2 | | | | | 2 |
| | none | | | | | 1 | | 1 |
| | SRP | 2 | | | 2 | | | 4 |
| | flap-surg. | 7 | 4 | | | 4 | | 15 |
| III (65) | GTR | 4 | 4 | | 2 | 2 | | 12 |
| | tunnel-prep. | | 1 | | 7 | 3 | | 11 |
| | root-resec. | 5 | 2 | | | 2 | | 9 |
| | extraction | 3 | 7 | 1 | 2 | | | 13 |
| | none | 3 | 3 | 5 | 5 | 6 | 5 | 27 |
| | SRP | 23 | 22 | 7 | 26 | 37 | 11 | 126 |
| | flap-surg. | 43 | 60 | 12 | 38 | 57 | 20 | 230 |
| total number (501) | GTR | 16 | 14 | | 12 | 14 | | 56 |
| | tunnel-prep. | | 1 | | 7 | 4 | | 12 |
| | root-resec. | 10 | 3 | | 2 | 3 | | 18 |
| | extraction | 3 | 14 | 4 | 3 | 1 | 7 | 32 |
| TI O T I | C 1 1 | | | | | (| | |

Tab. 2: Treatment of the molars in the active periodontal therapy (AT)

• MC (Tab. 3): further 27 molars were lost (6%, maxilla: 13; mandible: 10) from 1 up to 82 months after AT (mean 26 ? 24 months)

| | | -molar | | | r molaı | rs |
|---------|---------------|----------------------|------------------------------|--|--|--|
| n AT 1. | 2. | 3. | 1. | 2. | 3. | total number |
| | | 2 | | | 1 | |
| | | | 1 | 1 | 1 | 10 |
| | | | 2 | | 2 | |
| | | | | 1 | | |
| | | | | 1 | | 8 |
| . 3 | 2 | | 1 | | | 0 |
| ec. | | | | | | |
| | | | | | | 1 |
| | | | | 1 | | 1 |
| 2 | | | | | | |
| . 1 | | | | 1 | | 8 |
| ec. 2 | 1 | | | | | 0 |
| | 1 | | | | | |
| 8 | 4 | 2 | 4 | 5 | 4 | 27 |
| | (n n AT 1. | (n=14) n AT 1. 2. | (n=14) n AT 1. 2. 3. 2 | (n=14) (n=1 n AT 1. 2. 3. 1. 2 . 1 . 2 . 3 2 1 . 2 . 3 2 1 . 2 . 1 . 2 . 1 . 2 . 1 . 2 . 1 . 1 . 2 . 1 . 1 . 2 . 1 . 1 . 2 . 1 . 1 . 2 . 3 . 1. . 2 . 1 . 2 . 3 . 1. . 2 . 3 . 2 . 1 . 3 . 1 . 3 . 2 . 1 . 3 . 2 . 1 . 3 . 1 . 3 . 3 . 3 . 3 . 1 . 3 . 3 . 3 . 3 . 3 . 3 . 3 . 3 . 3 . 3 | (n=14) (n=13) n AT 1. 2. 3. 1. 2. 2 1 1 . 2 . 1 1 . 3 2 1 . 3 2 1 | n AT 1. 2. 3. 1. 2. 3. 2 1 1 1 1 2 2 1 . 3 2 1 . 3 2 1 . 3 2 1 . 1 1 . 3 2 1 . 1 1 . 1 . 1 . 1 . 1 . 1 . 1 |

Tab. 3: Toothlost during the maintenance care (MC)

- Molars with degree III FI revealed the highest mortality (36%; AT: 22%, MC: 14%); 16 out of a total of 21 extracted molars with a baseline degree III FI were maxillary teeth
- Molars displaying a degree III FI showed a statsitically significant lower survival probability compared with molars devoid of FI or degree I and II FI (p < 0.05, Fig. 7)



Fig. 7: Survival rate of the molars

Conclusions

- After therapy, the prognosis of molars with baseline degree I and II FI was similiar to that of molars without FI.
- Mandibular molars with degree III FI seem to have a better prognosis than maxillary molars with degree III FI.

Abbreviations

- FI: furcation involvement
- SPT: supportive periodontal therapy
- APT: active periodontal therapy
- SRP: scaling and root planning

This Poster was submitted by Dr. med. dent. Bettina Dannewitz.

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Poster Faksimile:



Function involvement (FI) is a risk factor for tooth loss. Treatment of multirooted teeth with funcation involvement aims to improve the prognosis of the teeth and to prolong their retention in the oral cavity The purpose of this retrospective study was to assess the long-term success after therapy of funcation involved molars.

Material und Methods

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- degree III/horizontal through-and-through destruction of the periodontal tissue in furcation the
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- (a) tody todgree in the (childry) todgree in (cs) (13%)
 72.8% of the maxiliary motars had a probable F1 but only 50% of the mandibular motars (p<0.001)
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Conclusions

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