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This publication is not a textbook but rather a comprehensive review of clinical procedures that can help the practitioner to select a proper protocol and suitable materials to more selectively treat the various forms of tooth wear. This "cookbook" is based on more than 20 years of experience in this ever-increasing pathology. The main focus is the prevention of tooth wear progression with the use of noninvasive and affordable procedures in the proper timeframe, bearing in mind that comprehending this pathology is a lifelong endeavor. If there was no opportunity to intervene early enough, you will also find the "recipes" needed for the proper use of indirect and CAD/CAM-produced restorations.

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