



Auflage: 1. Auflage 2022  
 Seiten: 456  
 Abbildungen: 1076  
 Einband: Hardcover; 25 x 25 cm  
 ISBN: 978-1-64724-101-8  
 Artikelnr.: B1018  
 Erschienen: Januar 2022

Preis \$268.00  
 Änderungen vorbehalten!

**Quintessence Publishing Company, Inc.**

411 North Raddant Road  
 Batavia  
 Illinois IL 60510  
 Vereinigte Staaten von Amerika

+1 (0)630 / 736-3600

+1 (0)630 / 736-3633

contact@quintbook.com

<https://www.quintessence-publishing.com/usa/en>

## Buch-Information

**Autoren:** Ronaldo Hirata  
**Titel:** Recipes for Composite Restorations  
**Kurztext:**

Although many dental manuals have been called "cookbooks", none has ever embraced the style so fully as this new book. In its pages, the practitioner is fully reimagined as a master chef, and 26 esthetic restorative protocols are presented as gourmet recipes, ready to be learned and savored. The purpose of this book is to encourage true mastery of the fundamentals while avoiding the most common pitfalls. Dr Hirata demonstrates how to make the most of composite materials by focusing on the details and techniques that can really improve the final results. In restorative dentistry, the key is to use the right materials with the best technique. However, that is not enough. Any chef knows that once you have learned the fundamentals, your best work must also reflect your personal character, and the same goes for the work of restorative dentists. By focusing on the skillful use of the right ingredients and tools, this tour de force will teach you how to take the heat and take your restorative protocols to the next level. Keep it simple. Master the basics.

**Contents**

- Chapter 01. At-Home Bleaching
- Chapter 02. In-Office Bleaching
- Chapter 03. Microabrasion
- Chapter 04. Rubber Dam
- Chapter 05. Posterior Class I Composite Restorations (Recipe A)
- Chapter 06. Posterior Class I Composite Restorations (Recipe B): Achromatic Enamel
- Chapter 07. Posterior Class I Restorations Using Bulk-Fill Composites with Flowable Consistency
- Chapter 08. Posterior Class I and Class II Restorations Using Bulk-Fill Composites with Regular Consistency
- Chapter 09. Posterior Class II Composite Restorations (Recipe A): Layered Technique
- Chapter 10. Posterior Class II Composite Restorations (Recipe B): Bioactive Materials
- Chapter 11. Posterior Semi-Direct Composite Restorations
- Chapter 12. Posterior Indirect Composite Restorations (Recipe A)
- Chapter 13. Posterior Indirect Composite Restorations (Recipe B): CAD/CAM Blocks
- Chapter 14. Anterior Class III Composite Restorations
- Chapter 15. Anterior Class IV Composite Restorations
- Chapter 16. Anterior Class V Composite Restorations
- Chapter 17. Tooth Reattachment
- Chapter 18. Universal Shade Composites (Recipe A): Anterior Restorations
- Chapter 19. Universal Shade Composites (Recipe B): Posterior Restorations
- Chapter 20. Esthetic Composite Restorations Using Simplified Composite Systems
- Chapter 21. Enamel Hypoplasia
- Chapter 22. Black Triangles
- Chapter 23. Anterior Diastemas
- Chapter 24. Single Diastema Between Central Incisors
- Chapter 25. Cosmetic Contouring
- Chapter 26. Injectable Flowable Composite Technique

**Contributors**

Camila Sobral Sampaio, DDS, MSc, PhD

- DDS, MSc, and PhD in Dental Materials at State University of Campinas (UNICAMP, Brazil)
- Visiting Scholar at New York University (NYU, New York City)
- Professor of Biomaterials at Universidad de los Andes (Santiago, Chile)

Daniel Kenji Funabashi, DDS, MSc

- DDS at Federal University of Espirito Santo (UFES, Brazil)
- PG in Operative Dentistry at Brazilian Association of Dentistry (ABO-ES, Brazil)
- MSc in Dental Materials at State University of Campinas (UNICAMP, Brazil)

Rafaelly Cubas Camargo, DDS

- DDS at Federal University of Parana (UFPR, Brazil)
- Assistant in PG of Operative Dentistry at Latin American Institute of Research and Education (ILAPEO, Brazil)

Stephanie Gomes Assunção Alves, DDS

- DDS at Federal University of Parana (UFPR, Brazil)
- PG in Prosthodontics at Federal University of Parana (UFPR, Brazil)
- Assistant in PG of Operative Dentistry at Latin American Institute of Research and Education (ILAPEO, Brazil)

**Fachgebiet(e):** Restaurative Zahnheilkunde, Ästhetische Zahnheilkunde