

# Aesthetic diagnostic wax-up of anterior teeth with VDO increase



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## Introduction

In addition to being a method of communication between the intervenients of an oral rehabilitation, the diagnostic wax-up (DW) is a helper when it proves necessary to change the vertical dimension of occlusion (VDO).

## Objective/Methods

This clinical review intends to evaluate the parameters achieved by the execution of a DW in aesthetic rehabilitations in the anterior teeth with VDO increase. Bibliographic research was performed on PubMed/Medline with the key-words: “wax-up AND VDO”, “diagnostic wax-up” and “anterior dental aesthetics”. Systematic reviews, narrative reviews and clinical cases, published in the last 10 years, were included.

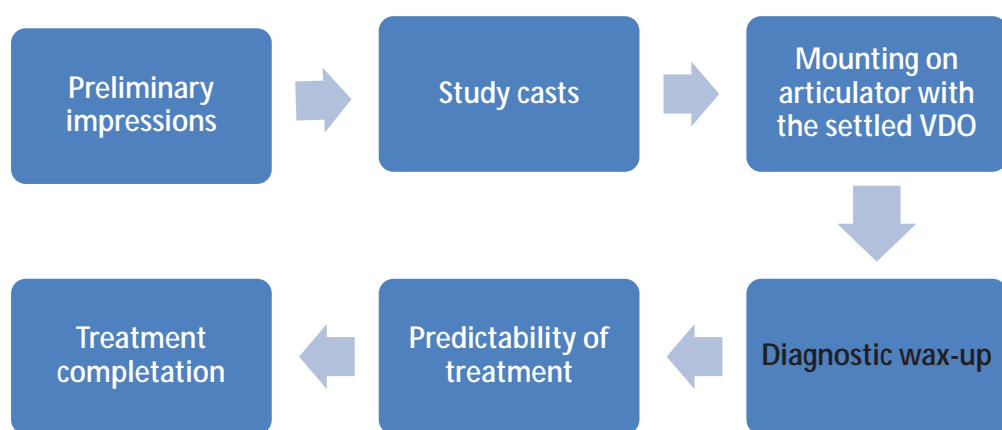


Fig. 1 – Sequence in the rehabilitation of a patient



Fig. 3 – Study casts for planning a rehabilitation with VDO increase



Fig. 4 – Registration of VDO increase in mouth to transfer to study casts

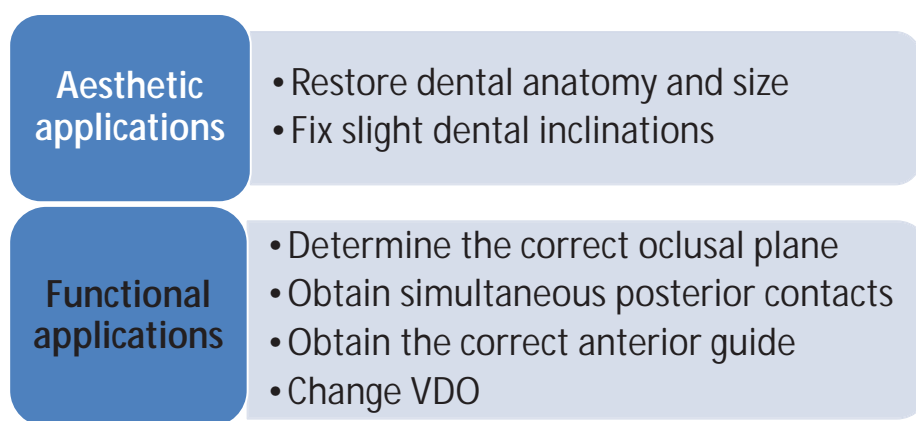


Fig. 2 – Aesthetic and functional applications of diagnostic wax-up



Fig. 5 – Diagnostic wax-up in planning an aesthetic rehabilitation with VDO increase



## Results

14 publications meet the inclusion criteria. There are several DW techniques, including the progressive one. In the presence of large dental destruction with loss of VDO, DW restores the worn portion of teeth, looking to determine the correct occlusion plane, balanced simultaneous posterior contacts and the anterior guide. From the DW is possible to acquire mock-ups, temporary or permanent restorations, as well as guides that present themselves as auxiliaries in rehabilitation.

## Conclusion

Planning through study casts articulated in centric relation with DW execution makes it possible to determine details that aid rehabilitations that need VDO increase.

## Clinical implications

In rehabilitations that include accentuated aesthetic and functional changes, among them the VDO increase, DW is a process that ensures a better predictability of results.

**Key-words:** wax-up and VDO; diagnostic wax-up; anterior dental aesthetics; predictability and wax-up; tooth wear and wax-up; diagnosis; planning

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