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**Title:** Kompendium der kurativen und präventiven Mesotherapie  
**Subtitle:** Injection Techniques and Application Recommendations for 240 Clinical Indications

**Short text:**

This book demonstrates how mesotherapy can be used as an essential component of integrative patient care. According to the current state of knowledge, the book comprehensively covers the many possibilities of curative and preventive use in a compact format. The first part of the book explains the theory and scientific basis of the treatment method. In the second part, detailed procedures are assigned to the respective clinical pictures. Here, the local injection techniques, active ingredient mixtures, and treatment intervals are presented, supplemented by recommendations on systemic supplements that may be necessary. In addition, the book contains video sequences to illustrate the injection techniques used.

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