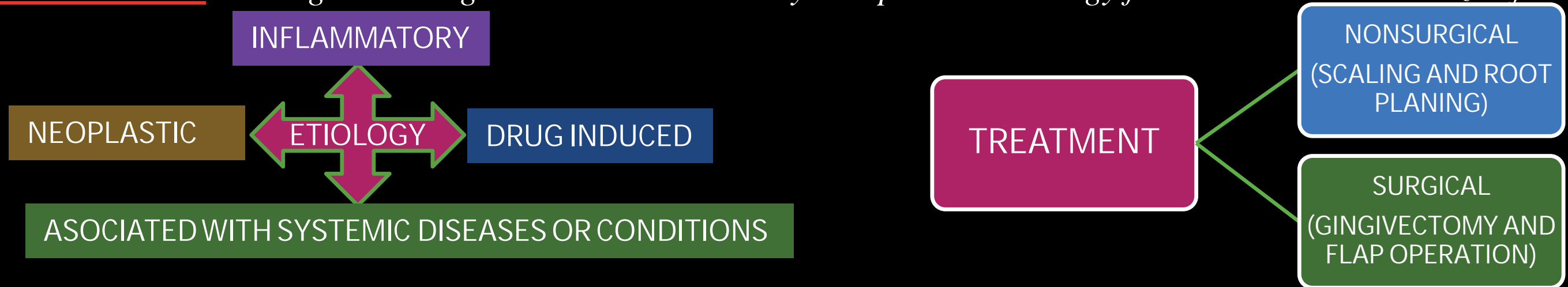


INFLAMMATORY GINGIVAL ENLARGEMENT : MANAGEMENT BY A NON-SURGICAL APPROACH

Grover. S, Porwal. S, Tewari. S

INTRODUCTION: - 'Gingival enlargement' is the currently accepted terminology for an increase in the size of the gingiva.



OBJECTIVES: The objective is to remove the local etiological factors responsible for inflammatory gingival enlargement and restore the physiological form of the gingiva.

MATERIALS AND METHODS: A 31yr-old female patient presented with soft, discoloured, tender gingiva with ballooning of the papilla and margins along with generalised plaque and calculus suggestive of generalised chronic inflammatory gingival enlargement.



RESULTS - Within a month of nonsurgical periodontal therapy, gingival enlargement had reduced markedly and the patient was put on an oral hygiene maintenance programme. No remission of enlargement was observed after 6 months of follow up.

DISCUSSION AND CONCLUSIONS: Periodontal therapy is diagnosis-driven and, to the extent possible, should address all the possible factors that impact the development and progression of disease that may affect periodontal tissue. For plaque-induced periodontal disease, non-surgical therapy is still a gold standard among all the therapies available.

BIBLIOGRAPHY:: 1. Newman MG, Takei HH, Klokkevold PR, Carranza FA, eds. : *Carranza's clinical periodontology (11th ed.)*. St. Louis, Mo.: Elsevier/Saunders. 2012, pp. 84–96.
2. Hirschfield I : "Hypertrophic gingivitis; its clinical aspect". *JADA* ,1932,(19): 799