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Treatment of condylar neck fracture by Otten's minihooks

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Introduction

Nowadays there are two different concepts of the treatment of condylar neck fracture. They are conservative and surgical treatment. The conservative treatments have traditionally been treated by maxillomandibular fixation. One technique for conservative treatment using Otten's minihooks is described. This technique has been described by J-E Otten 1981.

Materials

- 1. Otten's minihook is a S-shaped 0.8 mm wire hook.
- 2. Osteosynthesis minihooks (Diameter 2 mm.)



Fig. 1 Otten's minihooks and osteosynthesis miniscrews

Technique

- 1. Local anesthesia
- 2. Vertical incision oral mucosa in area of nasal spine and symphysis of mandible.
- 3. Exposing the bone.
- 4. Drilling the bone with drill 1.5 mm
- 5. Fixing Otten's minihooks with 2 mm osteosynthesis miniscrews, which inserted into the nasal spine and the symphyseal region of mandible.
- 6. Suture the wounds
- 7. Insert maxillary splint
- 8. Intermaxillary fixation with elastics or wire
- 9. After the 10 days of intermaxillary fixation, the Otten's minihooks and osteosynthesis microscrews are removed under local anesthesia.
- 10. Active functional treatment



Fig. 2 Maxillary splint

Fig. 3 Intermaxillary fixation with elastics and wire over Otten's minihooks and maxillary splint.



Fig. 4 X-ray OP postoperative

Fig. 5 Splint with hypomochlion

Indications

- 1. High condylar neck fractures without dislocation
- Intracapsular condylar fractures
 Condylar neck fracture in children (<16 years)

In case of condylar neck fracture with mild dislocation, if the establishment of correct relationships does not bring about the correct position of the displaced condylar fragment, one can make use of the indirect action of reducing forces by insertion of a fulcrum (Hypomochlion) in the molar region of maxillary splint on the fracture site and by means of intermaxillary traction in the incisor region.





Fig. 6 Maxillary splint with hypomochlion in place intraorally

Fig. 7 X-ray OP in case of condylar neck fracture with mild dislocation



Fig. 8 X-ray OP postoperative with hypomochlion in place

Fig. 9 X-ray lateral view with hypomochlion in place

Summary

The technique for conservation treatment of condylar neck fracture by Otten's minihooks is simple and appears to be a time-saving method. It is also easy to maintain proper oral hygiene and can be performed under local anesthesia.

References

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