

Int Poster J Dent Oral Med 2010, Vol 12 No 4, Poster 509

Dentist-patient relationship: is it just a contractual agreement?

Language: English

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Date/Event/Venue:

November 16th-18th, 2006 35th Karnataka State Dental Conference and 3rd Inter State Dental Conference Tata Institute of Science, Bangalore, Karnataka, India

Introduction

Besides technical expertise, the success of dental care depends on the behavioural patterns of the dentist and the patient and the way they interact with each other.

Objectives

To understand the perception of dentists regarding the dentist-patient relationship.

Material and Methods

To obtain the necessary background information, a literature review was conducted using online search engine MEDLINE. The articles written in English and published after 1980 were included. The keywords included "dentist-patient relationship", "dentist-patient communication", "ethics in dentistry", "patient satisfaction". Only those articles characterized by detailed explanation of methods and results were used.

Results

Ethics and effective communication have long been recognized as pivotal in the practice of dentistry. Understanding patients' values and their particular conditions, establishing a collaborative partnership, encouraging patients to participate in a healthy decision making process, reducing mutual conflicts and showing concern for patients naturally were considered as key issues to ensure quality care and patient satisfaction. (Fig 1)



Fig. 1

Conclusions

To build upon the foundation of dentist-patient relationship, dentists should act in the patient's best interests. Dentists need to better understand their patients' backgrounds showing respect for their values and beliefs. All these influence the outcome of treatment for dental fear, improved adherence, correct understanding and active role of the patient.

Literature

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This Poster was submitted by Dr Sowmya Anaberu Rajshekar.

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