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Quintessenza Edizioni S.r.l.

 Via C. Menotti 65
20017 Passirana di Rho (Milano)
Italia

 +39 (0)2 / 931 82 264

 +39 (0)2 / 931 86 159

 info@quintessenzaedizioni.it

 <http://www.quintessenzaedizioni.it>

Informazioni sul libro

Autori: Steve Carstensen / Ken Berley

Titolo: The Clinician's Handbook for Dental Sleep Medicine

Testo breve:

Millions of Americans suffer from OSA, and at least one patient in five has mild OSA. Whereas patient compliance with CPAP therapy is unacceptably low (between 25% and 50%), dentists can provide a viable alternative therapy – oral appliance therapy (OAT) – that results in much better compliance. This book clearly delineates the dentist's role in the treatment of sleep-related breathing disorders, with practical advice for incorporating dental sleep medicine into an existing dental practice, including step-by-step instructions for examination, appliance selection, and follow-up care as well as how to work with sleep physicians. Complications of OAT, legal issues, and medical insurance and Medicare considerations are also covered. This updated edition includes contributions from experts in physical therapy, myofunctional therapy, and rhinomanometry, as well as advice on proper breathing by breathwork training expert Patrick McKeown.

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Categorie: Diagnostica e terapia funzionale, Odontoiatria in generale