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## Book information

**Editor:** Lалуque, Jean-François / Brocard, Daniel / d'Incau, Emmanuel

**Title:** Understanding Bruxism

**Subtitle:** Current Knowledge and Practice

#### Short text:

Bruxism is a common parafunction, and over the last 15 years the profession has become aware of just how destructive it can be to the masticatory structures when left untreated. However, because it is still seen as a multifaceted phenomenon that is difficult to treat, many practitioners assume that it is incurable. This book answers these doubts and concerns by outlining the various etiologies and aggravating factors of bruxism, distinguishing the different types of bruxism, and demonstrating how to complete a differential diagnosis. Then, in keeping with the latest evidence, the authors promote a more conservative approach to treatment and outline which treatment strategies to use in different situations.

#### Contents

##### Part I. Current Knowledge About Bruxism

- Chapter 01. Bruxism
- Chapter 02. Etiologies
- Chapter 03. Pathophysiology of Sleep Bruxism
- Chapter 04. Clinical Diagnosis of Bruxism
- Chapter 05. Differential Diagnosis and Polysomnography
- Chapter 06. Awake Bruxism
- Chapter 07. Sleep Bruxism
- Chapter 08. Sleep and Pain
- Chapter 09. Bruxism in Children and Adolescents
- Chapter 10. Bruxism and Temporomandibular Disorders
- Chapter 11. Dental Wear and Bruxism

##### Part II. Management of Bruxism

- Chapter 12. Advice and Counseling for Management
- Chapter 13. Pharmacology and Bruxism
- Chapter 14. Oral Appliances
- Chapter 15. Bruxism and Restorative Dentistry
- Chapter 16. Ultraconservative Rehabilitation of Patients Displaying Severe Tooth Wear
- Chapter 17. Extended Bonded Restorative Dentistry
- Chapter 18. Bruxism and Implant Restorations
- Chapter 19. Follow-up and Maintenance
- Chapter 20. Conclusions and Perspectives

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**Categories:** Functional Therapy