



Edition: 1st Edition 2022  
pages: 456  
Images: 1076  
Cover: Hardcover; 25 x 25 cm  
ISBN: 978-1-64724-101-8  
Stock No.: 7715  
Published: January 2022

Price  
Subject to changes!

£224.00

#### Quintessence Publishing Company, Ltd.

 Grafton Road  
KT3 3AB New Malden, Surrey  
United Kingdom

 +44 (0)20 8949 6087

 +44 (0)20 8336 1484

 [info@quintpub.co.uk](mailto:info@quintpub.co.uk)

 <https://www.quintessence-publishing.com/gbr/en>

## Book information

**Authors:** Ronaldo Hirata  
**Title:** Recipes for Composite Restorations

#### Short text:

Although many dental manuals have been called "cookbooks", none has ever embraced the style so fully as this new book. In its pages, the practitioner is fully reimagined as a master chef, and 26 esthetic restorative protocols are presented as gourmet recipes, ready to be learned and savored. The purpose of this book is to encourage true mastery of the fundamentals while avoiding the most common pitfalls. Dr Hirata demonstrates how to make the most of composite materials by focusing on the details and techniques that can really improve the final results. In restorative dentistry, the key is to use the right materials with the best technique. However, that is not enough. Any chef knows that once you have learned the fundamentals, your best work must also reflect your personal character, and the same goes for the work of restorative dentists. By focusing on the skillful use of the right ingredients and tools, this tour de force will teach you how to take the heat and take your restorative protocols to the next level. Keep it simple. Master the basics.

#### Contents

Chapter 01. At-Home Bleaching  
Chapter 02. In-Office Bleaching  
Chapter 03. Microabrasion  
Chapter 04. Rubber Dam  
Chapter 05. Posterior Class I Composite Restorations (Recipe A)  
Chapter 06. Posterior Class I Composite Restorations (Recipe B): Achromatic Enamel  
Chapter 07. Posterior Class I Restorations Using Bulk-Fill Composites with Flowable Consistency  
Chapter 08. Posterior Class I and Class II Restorations Using Bulk-Fill Composites with Regular Consistency  
Chapter 09. Posterior Class II Composite Restorations (Recipe A): Layered Technique  
Chapter 10. Posterior Class II Composite Restorations (Recipe B): Bioactive Materials  
Chapter 11. Posterior Semi-Direct Composite Restorations  
Chapter 12. Posterior Indirect Composite Restorations (Recipe A)  
Chapter 13. Posterior Indirect Composite Restorations (Recipe B): CAD/CAM Blocks  
Chapter 14. Anterior Class III Composite Restorations  
Chapter 15. Anterior Class IV Composite Restorations  
Chapter 16. Anterior Class V Composite Restorations  
Chapter 17. Tooth Reattachment  
Chapter 18. Universal Shade Composites (Recipe A): Anterior Restorations  
Chapter 19. Universal Shade Composites (Recipe B): Posterior Restorations  
Chapter 20. Esthetic Composite Restorations Using Simplified Composite Systems  
Chapter 21. Enamel Hypoplasia  
Chapter 22. Black Triangles  
Chapter 23. Anterior Diastemas  
Chapter 24. Single Diastema Between Central Incisors  
Chapter 25. Cosmetic Contouring  
Chapter 26. Injectable Flowable Composite Technique

#### Contributors

Camila Sobral Sampaio, DDS, MSc, PhD

- DDS, MSc, and PhD in Dental Materials at State University of Campinas (UNICAMP, Brazil)
- Visiting Scholar at New York University (NYU, New York City)
- Professor of Biomaterials at Universidad de los Andes (Santiago, Chile)

Daniel Kenji Funabashi, DDS, MSc

- DDS at Federal University of Espirito Santo (UFES, Brazil)
- PG in Operative Dentistry at Brazilian Association of Dentistry (ABO-ES, Brazil)
- MSc in Dental Materials at State University of Campinas (UNICAMP, Brazil)

Rafaelly Cubas Camargo, DDS

- DDS at Federal University of Parana (UFPR, Brazil)
- Assistant in PG of Operative Dentistry at Latin American Institute of Research and Education (ILAPEO, Brazil)

Stephanie Gomes Assunção Alves, DDS

- DDS at Federal University of Parana (UFPR, Brazil)
- PG in Prosthodontics at Federal University of Parana (UFPR, Brazil)
- Assistant in PG of Operative Dentistry at Latin American Institute of Research and Education (ILAPEO, Brazil)

**Categories:** Restorative Dentistry, Esthetic Dentistry