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## Buch-Information

**Autoren:** R. G. "Wick" Alexander  
**Titel:** The Alexander Discipline Volume 2  
**Untertitel:** Long-Term Stability  
**Kurztext:**

In the specialty of orthodontics, treatment results depend on the clinician's knowledge, manual dexterity, philosophy, and effort. This book highlights the lack of common scientific guidelines in orthodontic practice, advocating for the recognition and identification of such guidelines that work to place the teeth in positions that will produce the healthiest, most functional, most esthetic, and most stable results possible. With so many factors influencing long-term stability, this book consolidates the 20 principles of the Alexander Discipline outlined in volume one into 6 guidelines for approaching long-term stability in orthodontics, focusing on the periodontium, torque control, skeletal and transverse control, occlusion, and the soft tissue profile. Each guideline is presented with several case studies that follow from the treatment plan to the definitive result and that highlight long-term stability in 5- to 40-year posttreatment records. A must-have for the practicing orthodontist.

#### Contents

Chapter 1. Introduction: Begin with Stability in Mind  
Chapter 2. Selective Literature Review on Long-Term Stability  
Chapter 3. Special Considerations in Orthodontics  
Chapter 4. Anterior Torque Control  
Chapter 5. Sagittal Skeletal Alteration and Vertical Skeletal Control  
Chapter 6. Transverse Skeletal Alteration  
Chapter 7. Functional Occlusion and Stability  
Chapter 8. The Smile and Facial Harmony  
Chapter 9. Factors Related to Relapse

**Fachgebiet(e):** Kieferorthopädie