



Not for Public

## Minimally Invasive Dentistry



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The phrase “Minimally Invasive Dentistry” has filled journals, product advertisements, and lectures around the globe over the last few years. Full crown and implant cases are described to be minimally invasive. Let me remind you of the definition of this phrase, which is closely related to advancements in the field of adhesive dentistry and their application in the oral cavity.

Minimally invasive dentistry is the application of “a systematic respect for the original tissue.” This implies that the dental profession recognizes that an artifact is of less biological value than the original healthy tissue. Minimally invasive dentistry is a concept that can embrace all aspects of the profession. The common delineator is tissue preservation, preferably by preventing disease from occurring and intercepting its progress, but also removing and replacing with as little tissue loss as possible. It does not suggest that we make small fillings to restore incipient lesions or surgically remove impacted third molars without symptoms as routine procedures.

*The European Journal of Esthetic Dentistry* wants to promote the concept of restoring as little as possible and as much as necessary, which sometimes is not an easy task, especially when our patients ask for immediate solutions to their esthetic needs. In such situations it can be a good idea to step back and question if the solution you are considering is what both you and your patient really want. Sometimes being more conservative or waiting a while makes good sense!

In this issue you will find a 50-page addition that is the result of the last European Academy of Esthetic Dentistry closed active members meeting held in Tremezzo (Italy) in September 2010. We want you to be part of our discussions, which we think are of great interest and may stimulate and motivate you to improve your practice.

Enjoy reading!

Sincerely,  
*Alessandro Devigus*