

### UNLOCKING NEW FRONTIERS: NON INVASIVE TECHNIQUES REVOLUTIONIZING CANCER DETECTION

**INTRODUCTION** Oral potentially malignant disorders (OPMIDS) are a group of conditions that have the potential to transform into cancer if left untreated. These lesions present clinically as white patches (leukoplakia), red patches (erythroplakia), red and white patches (erythroleukoplakia), or oral submucous fibrosis. Approximately 16–62% of OPMDs undergo a malignant transformation and eventually develop into oral squamous cell carcinoma (OSCC). The five-year survival rates of OSCC patients decreases from 80 to 40% if diagnosed at an advanced stage, hence early detection allows for prompt intervention and treatment. Although biopsy is the gold standard, patients still prefer a non-invasive approach for diagnosing his/her disease.



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AIM This poster aims to present a review on the current advances in non-invasive tools for early diagnosis of oral potentially malignant disorders.

MATERIAL AND METHOD A comprehensive search of online databases including Pubmed, Medline and Scopus were conducted to identify studies from January 2010 to Dec 2022 (last 10 years) using search keywords 'Oral screening devices', 'autofluorescence', 'chemiluminescence', 'oral malignant lesions', 'imaging techniques', 'non-invasive tools', and 'oral dysplasia'. A total of 24 studies were reviewed and evaluated based on their sensitivity and specificity.

### **AUTOFLOURESCENCE** RESULTS 1.Mehrotra R et al 2010 Velscope (sensitivity-50%; specificity-38.9%) Vizilite (sensitivity-0%; **specificity-75.5%**) 2. Farah CS et al 2012 Velscope (sensitivity-63%; specificity-30%) 3. Rana M et al 2012 Velscope (sensitivity-100%; specificity-74%) Biopsy (sensitivity-100%; specificity-100%) 4. Hanken H et al 2013 Velscope (sensitivity-97.9%; specificity-41.7%) 5. Francisco AL et al 2014 Fluorescence spectroscopy (sensitivity-88.5%; specificity-93.5%) 6. Petruzzi M et al 2014 Autofluorescence (sensitivity-70%; specificity-57.69%) (mild dysplasia as positive lesion) Autofluorescence (sensitivity-76.47%; specificity-51.28%) (mild dysplasia as negative lesion) 7. Scheer M et al 2016 Velscope (sensitivity-33.3%; specificity-88.6%) Biopsy (sensitivity-100%; specificity-100%) 8. Ganga RS et al 2017 Velscope (sensitivity-76%; specificity-66.29%) 9. Canjau S et al 2018 Velscope (sensitivity- 94.44%; specificity-100%) 10. Chiang E T et al 2019 Autofluorescence (sensitivity-87.50%; specificity-72.73%) Biopsy (sensitivity-100%; specificity- 100%) 11. Johnson A et al 2019 Fluorescence (sensitivity-100%; specificity- 80%) Biopsy (sensitivity-100%; specificity-100%)

## HIGH-RESOLUTION MICROENDOSCOPE (HRME) 1. Pierce C M et al 2012 Autofluorescence imaging (AFI) & HRME (sensitivity-95%;specificity-98%) Biopsy (sensitivity- 100%; specificity-100%) 2. Quang T et al 2017 Autofluorescence imaging (AFI) & HRME (sensitivity-72.8%; specificity-100%) Biopsy (sensitivity- 100%; specificity-100%) 3. Jo A J et al 2018 Endogenous Fluorescence Lifetime imaging (sensitivity-95%; specificity-86%) Biopsy (sensitivity- 100%; specificity-100%) 4. Yang C E et al 2018 HRME (sensitivity- 91%; specificity-93%) Biopsy (sensitivity-100%; specificity-100%) 5. Yang C M et al 2020 Multimodal optical imaging (sensitivity- 75%) Biopsy (sensitivity-100%) NARROW BAND IMAGING (NBI) 1 . Yang W S et al 2012 Narrow band imaging (sensitivity- 84.62%; specificity-94.56%) Biopsy 2. Upadhyay A et al 2019 Narrow band imaging (sensitivity- 93.93%; specificity-80%) Biopsy SENSITIVITY

#### 120.00% 100.00% 92.31% 89.28%

#### **OPTICAL SPECTROMETRY**

1. Jayanthi L J et al 2011

Optical spectroscopy (sensitivity-98.5%; specificity-96%

2. Murdoch C et al 2014

Optical spectroscopy (sensitivity-65.2% : specificity-62.5%)

## VITAL STAIN COLOURANTS

1.Nagaraju K et al 2010

Toluidine blue (sensitivity-100%; specificity-60%)

2. Guneri P et al 2011

Toluidine blue (sensitivity-92.3%; specificity-43.3%)

3. Prajeesh M K et al 2019

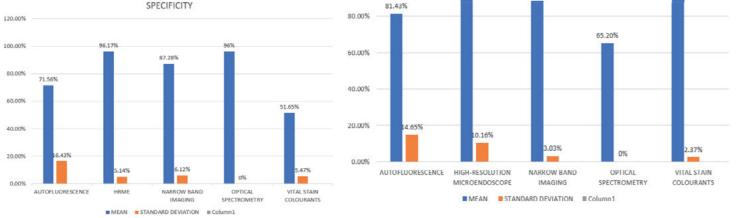
Toluidine blue (sensitivity-96.4%)

4. Qaiser D et al 2020

#### Fluorescein dye (sensitivity-95%)

# DISCUSSION

In the **autofluorescence** group, the study by Rana et al. showed 100% sensitivity, but specificity was 74%. It concluded that Velscope cannot replace biopsy. The 2018 study by Canjau S et al. showed 100% specificity for velscope, demonstrating its usefulness in guiding the biopsy. The studies by Yang et al. reflected that multimodal optical imaging as an emerging technology that requires further elucidation of its role in patient care and randomized studies with **larger sample sizes**. In the optical subgroup study by Jayanthi et al. showed sensitivity of 98.5% and specificity of 96%. In the 2010 study by Nagaraju K et al., Toluidine blue showed a sensitivity of 100% and specificity of 60% in diagnosing OPMDs. Fluorescein dye in the study conducted in 2020 by **Qaiser et al.** showed 95% sensitivity. Mean sensitivity was the highest for vital stain colourants (95.6%) while mean specificity was highest for high-resolution microendoscope.



**CONCLUSION** None of the analysed techniques based on assessing oral images can **replace biopsy**, that remains the gold standard in the diagnosis of OPMDs and OSCC. Further research is needed to explore the role of techniques based on artificial intelligence and imaging analysis to identify an early noninvasive screening method.

## REFERENCES

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4. Hanken et al. The detection of oral pre-malignant lesions with an autofluorescence based imaging system (VELscope<sup>TM</sup>)—A single blinded clinical evaluation. Head Face Med. 2013, 9, 1–7.

5. Francisco et al. Fluorescence spectroscopy for the detection of potentially malignant disorders and squamous cell carcinoma of the oral cavity. Photodiagn. Photodyn. Ther. 2014, 11, 82–90.