

LOUIE AL-FARAJE, DDS

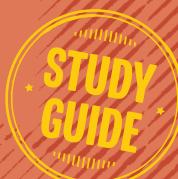
ORAL IMPLANTOLOGY REVIEW

SECOND EDITION



Oral Implantology Review, Second Edition





ORAL IMPLANTOLOGY REVIEW

SECOND EDITION

LOUIE AL-FARAJE, DDS

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Biography

Abu-Marwan Abd-al-Malik ibn Zuhr Al Eyadi Al-Ishbily (Avenzoar) was a Muslim Arab physician and surgeon who was influential in advancing the progress of surgery. His major work, *Al-Taysīr fil-Mudāwāt wal-Tadbīr (Book of Simplification Concerning Therapeutics and Diet*), reflects Ibn Zuhr's reliance on his own clinical observations, skill in differential diagnosis, and interest in clinicopathologic correlations. Based on his own experience, he staged and classified diseases in a practical way relevant to their management and prognosis. Furthermore, he enriched surgical and medical knowledge by describing many diseases never described before, including pericarditis, mediastinitis, mediastinal tumors, empyema, meningitis, intracranial thrombophlebitis, inflammation of the middle ear, pharyngeal and esophageal paralysis, verrucous malignancy of the colon, fecal fistula, Peyronie's disease, purpuric skin rash, and scabies.

Contributions

- 1. Experimental surgery: Ibn Zuhr introduced animal testing as an experimental method of testing surgical procedures before applying them to human patients to know if they would work, performing the first experimental tracheotomy on a goat before performing it on humans. He was the first surgeon of his time to apply experimental methodology in evaluating new or controversial surgical procedures. Hence, he was given the title "The Father of Experimental Surgery."
- 2. Clinical anatomical knowledge: Ibn Zuhr emphasized the great importance of a practical knowledge of anatomy for the surgical trainee. Here is a translation of his words regarding the management of inflammatory swellings of the neck that are ripe and ready for bursting/drainage:

And in case you have mastered the science of dissection then drain by the scalpel in the way that you will not come across a vein, artery or a nerve or anything that its injury will lead to an extra harm to the patient. But if you were one of the group like me and did not practice dissection but knew it only by imitation, keep away from the knife as nothing you know by mere imagination will be the same in real life; especially in the case of small organs.

According to Ibn Zuhr, only the practitioner who has practiced dissection himself and mastered the science is entitled to perform an operative intervention. He therefore advocated that mastering anatomy is essential training for a surgeon.

- 3. Adequate supervised training: Ibn Zuhr insisted on an adequately supervised and structured training program for the surgeon-to-be before allowing him to operate independently.
- 4. Established limits: Ibn Zuhr drew emphatic red lines at which a physician should stop during his general management of a surgical condition. This was a major step forward in the evolution of general surgery as a specialty of its own. Here is a translation of an example of Ibn Zuhr's demarcation:

If the wound caused by a sharp iron has taken into the bones and not extended to the interior, then the treatment I just mentioned is enough for you, so stick to it. However, if it did penetrate the bone then in such a case, the surgeon should come and see.

Legacy

Ibn Zuhr was the most well-regarded physician of his era, and his ideas about medicine and surgery helped to shape our modern concept of standard care. He is an inspiration to those of us who seek to make the best decisions for our patients and our discipline.



The goal of this study guide is twofold. First, it aims to serve as a comprehensive review of the topics and disciplines relevant to the field of oral implantology. The successful placement of dental implants with good long-term functional and esthetic results involves much more than just knowing the basic procedures and protocols involved in implant surgery. Of course, it is important to know what size and type of implant to choose for various clinical situations and how to drill safely into bone. But there are many other factors that influence implant treatment planning, ranging from the patient's systemic health, habits, and anatomy to pharmacology, biomechanics, and prosthodontics. Placing dental implants also requires an understanding of adjunctive methods, such as bone grafting and the use of blood concentrates and growth factors. This book synthesizes all the information a clinician must consider at each stage of oral implant treatment in order to elevate the standard of patient care they provide and round out the knowledge and skill set they bring to each dental implant case.

Second, this study guide serves as a tool for professional development, providing excellent preparation for any oral implantology certification examination. With the knowledge presented in this study guide, the dental professional can not only achieve certification but also feel confident in their ability to provide the highest level of care when treating patients.

The reason for updating this study guide, first published in 2016, is also twofold. First, many new techniques that were under development at the time the previous edition was published have now become mainstream in dental implant treatment. As a result, three new chapters have been added, covering bone grafting, zygomatic and pterygoid implants, and blood concentrates and growth factors. Knowledge of these topics is important both to provide the best and most advanced patient care and to achieve certification in oral implantology.

Second, a greater emphasis has been placed on contextualizing dental implant treatment within an understanding of the patient's general health and its influence on outcomes. For example, a systemic disease like diabetes mellitus has an enormous impact on oral implantology. Clinicians must understand and consider the biologic effects of systemic health when planning treatment in order to provide patient-centered care that achieves the highest level of success possible.

As evidenced by the advances that have occurred in the 7 years since the publication of the first edition of this guide, implant dentistry continues to evolve rapidly. Only by continuously updating our knowledge base will we be able to keep pace with current trends. This book provides an overview of the discipline of oral implantology as it is practiced today. It is my hope that it will not only prepare future implantologists to pass certification examinations but also improve the patient care provided by all practicing implantologists.



To God, who made everything I have accomplished possible through his guidance and gracious love.

To my family, thank you for your support and for giving up our personal time.

To my teammates at the California Implant Institute and Novadontics, you have shown dedication to your jobs for years. You take so much off my plate so that I can have the time to write, to lecture, and to innovate. Thank you.

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To my colleagues and students at the California Implant Institute, you and your patients are the ultimate reason for this book. Elevating the standard of care for our patients and giving the best for their well-being has always been the goal of everything I have done since I started practicing dentistry.



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An accurate and thorough medical evaluation is a critical component of implant therapy. This chapter discusses the many medical factors that must be considered when a patient presents for treatment, including pathologic conditions, bleeding risk, allergy, and medical contraindications. Implant therapy is not without risk, and medical emergencies can occur even when the proper precautions are followed; it is therefore imperative that all clinicians understand what to do in such situations, especially for individuals already compromised by certain medical conditions.

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- What key medical considerations must the clinician take into account when formulating a treatment plan for a dental implant patient?
 - a. Hemostasis

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- b. Drug actions and/or interactions
- c. Predisposition to infection
- d. All of the above

d: All of these could have a profound effect on the healing response and thereby compromise the treatment result. If there is a hemostasis problem, excessive bleeding may result. Drug actions may interfere with proper healing, and drug interactions may affect cardiovascular integrity. A compromised immune system could lead to postoperative infections.

- 2. The risk of a dental practitioner encountering a medical emergency during placement of a dental implant is related to:
 - a. The clinician's medical training
 - b. The patient's medical health
 - c. Staff training
 - d. Complexity of the procedure
 - e. All of the above

b: The patient's systemic health will dictate how well he or she will be able to sustain the stress of the procedure and the response to administered medications.

- 3. Which of the following are essential components of a medical history? (MULTIPLE ANSWERS)
 - a. Medications
 - b. Previous hospitalizations, illnesses, and/or surgeries
 - c. Information regarding prosthetic joint replacements
 - d. Childhood immunizations
 - e. All of the above

a, b, c: A complete medical history should include an organ systems review, height, weight, exercise tolerance, present illnesses, as well as any medications the patient is taking, any previous hospitalizations or illnesses, and information regarding prosthetic joint replacements. The medical history can be done as an interview of the patient or as a printed questionnaire that the clinician reviews with the patient.

- 4. According to the ASA (American Society of Anesthesiologists) Physical Status (PS) classification, what would the classification be for a patient who can walk up a flight of stairs or the equivalent of two city blocks but has to stop along the way because of distress or shortness of breath?
 - a. ASA I
 - b. ASA II
 - c. ASA III
 - d. ASA IV

c: ASA III is defined as a patient with severe systemic disease. A consultation with this patient's physician is recommended prior to initiating dental treatment for this individual. Perioperative sedation and special monitoring may be necessary in the treatment of ASA III patients.

	ASA I	© Sanon
	ASA II	Clips
	ASA III ASA IV	vessene
_		tient with mild systemic disease.
D.	ASA II is defined as a par	tient with mild systemic disease.
		nan presents for a dental implant. She takes no medications and atment. What is her ASA classification?
a.	ASA I	
	ASA II ASA III	
	ASA IV	
 a:	ASA I is defined as a nori	mal healthy patient.
7. W	hat would the ASA class	ification be for a patient with well-controlled diabetes who is
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10. When a patient presents with a burning mouth or tongue, which of the following could be the possible medical cause?

a. Alcoholism

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- b. Neoplasm
- c. Renal failure
- d. Primary or secondary neuropathy
- d: Patients with primary or secondary neuropathy often present with the symptom of a burning mouth or tongue.

11. When a patient presents with gingival overgrowth, which of the following could be a possible medical cause?

- a. Leukemia
- b. Gastroesophageal reflux disease (GERD)
- c. Immune suppression from HIV
- d. Mouth breathing
- a: Gingival overgrowth can be a sign of leukemia.

12. When a patient presents with rampant dental caries, which of the following could be a possible medical cause?

- a. Addison's disease
- b. Sjögren's syndrome
- c. Vitamin deficiency
- d. Liver cirrhosis

b: Patients with Sjögren's syndrome often present with a dry mouth that leads to rampant dental caries. In elderly patients, it often presents as root caries.

13. When a patient presents with ptosis of the chin, which of the following could be a possible medical cause?

- a. Anemia
- b. Use of skeletal muscle relaxants
- c. Scleroderma
- d. Myasthenia gravis

d: Myasthenia gravis is a neuromuscular disease that results in muscle fatigue and weakness. Patients with myasthenia gravis will have decreased muscle tone that can result in ptosis.

14. When a patient presents with a radiographic finding of reduced cortical bone density, which of the following could be a possible medical cause?

- a. Primary hyperparathyroidism
- b. Scleroderma
- c. Osteoarthritis
- d. Multiple myeloma

a: Hyperparathyroidism results in the secretion of excess parathyroid hormone, which stimulates osteoclast catabolic effects on bone, resulting in the loss of calcium and density.

15. When a patient presents with a radiographic finding of degenerative damage to the condyle or temporomandibular joint (TMJ), which of the following could be a possible medical cause?

- a. Osteonecrosis
- b. Paget disease
- c. Hyperparathyroidism
- d. Rheumatoid arthritis

d: Rheumatoid arthritis has an unknown etiology; however, genetic, environmental, hormonal, and immunologic factors as well as infection are possibly involved in the process. A genetic susceptibility may provoke an autoimmune reaction that leads to hypertrophy of the synovial lining of the TMJ and endothelial cell activation that result in an uncontrolled inflammatory response and destruction of the bone.

16. When a patient presents with a radiographic finding of carotid artery calcification, which of the following could be a possible medical cause?

- a. Cardiac disease
- b. Sickle cell anemia
- c. Hyperparathyroidism
- d. Renal disease

a: Carotid artery calcium deposits have been identified as an independent predictor of coronary heart disease events. Therefore, clinicians should be surveying panoramic radiographs and computed tomography (CT) scans that are obtained for dental reasons for these calcium deposits in the coronary artery.

17. When assessing the bleeding risk for a dental implant procedure, the clinician must consider which of the following?

- a. Inherited defects of hemostasis
- b. Medications
- c. Acquired defects of hemostasis
- d. All of the above

d: Each of these factors can interfere with coagulopathy.

18. On review of the medical history, you find that the patient has severe Addison's disease. Why is severe adrenal insufficiency significant?

- The stress of an extensive dental implant surgical procedure may induce cardiovascular collapse.
- b. Soft tissue healing will be severely compromised.
- c. Implants may not integrate.
- d. The patient may experience a hypertensive crisis with the administration of more than 72 μ g of epinephrine within a 10-minute time period.

a: A patient with Addison's disease will not be able to release the extra cortisol needed to deal with the stress of the surgical procedure. Cortisol is a glucocorticosteroid that is responsible for glucose metabolism as well as potentiation of catecholamines that assist in maintaining circulatory pressure.

19. What oral clinical finding may indicate that a patient has adrenal insufficiency?

a. Severe tooth erosion

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- b. Sloughing of the buccal mucosal tissues
- c. Hyperpigmentation of the buccal or labial mucosal tissues
- d. Gingival hyperplasia

c: Increased diffuse melanin pigmentation is a documented sign of Addison's disease.

20. What is a medical reason for a patient to take long-term systemic glucocorticosteroids?

- a. Liver, lung, or heart transplant recipient
- b. Lupus erythematosus
- c. Inflammatory bowel disease
- d. All of the above

d: Long-term glucocorticosteroid therapy is indicated for each of these conditions. Dental clinicians should consider increasing the patient's normal daily steroid dose when the patient undergoes a surgical or stressful dental procedure.

21. Which of the following blood tests are generally thought to identify a patient with a possible bleeding disorder? (MULTIPLE ANSWERS)

- a. Complete blood count (CBC) and platelet count
- b. Prothrombin time (PT) and partial thromboplastin time (PTT)
- c. Lipoprotein panel
- d. Bleeding time
- e. White blood cell (WBC) count
- f. All of the above

a, b, d: Each of these laboratory tests will act as a screening test for possible bleeding disorders. The sum of these tests will measure platelet activity and coagulation factors.

22. Classic hemophilia (type A) is a deficiency of which clotting factor?

- a. Factor VII
- b. Factor VIIa
- c. Factor VIII
- d. Factor VIIIa

c: Factor VIII

23. Type B hemophilia is a deficiency of which clotting factor?

- a. Factor IX
- b. Factor IXb
- c. Factor X
- d. Factor Xb

a: Factor IX

24. The dental implant patient who presents with chronic liver failure should have which of the following hematology tests performed prior to the surgical procedure?

- a. CBC, platelet count, PT
- b. CBC, bleeding time, PTT
- c. Platelet activation study (PAS), platelet count, WBC
- d. PAS, bleeding time, PTT

a: Patients with chronic liver failure are likely to have problems with blood coagulation. The CBC, platelet count, and PT will evaluate the coagulation factors that can be affected by the liver. The CBC and platelet count will screen for anemia and thrombocytopenia, while the PT will confirm a deficiency of vitamin K.

25. "Ageusia" refers to which of the following?

- a. Diminished taste
- b. Altered or distorted taste
- c. Salty taste
- d. Absence of taste

d: The tongue loses the ability to taste sweetness, sourness, bitterness, and saltiness. Complete or true ageusia is rare, and what patients most often have is the partial loss of taste, known as hypogeusia.

26. "Dysgeusia" refers to which of the following?

- a. Diminished taste
- b. Altered or distorted taste
- c. Salty taste
- d. Absence of taste

b: Altered or distorted taste

27. What are the most common reasons for alteration in taste? (MULTIPLE ANSWERS)

- a. Autoimmune disease
- b. Periodontal disease
- c. Infection
- d. Poor oral hygiene
- e. GERD
- f. All of the above

b, c, d: Periodontal disease, infection, and poor oral hygiene are known to alter the sensation of taste.

28. "Tic douloureux" is also known as which of the following?

- a. Idiopathic trigeminal neuralgia
- b. Bell's palsy

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- c. Facial paralysis
- d. Trigeminal dysesthesia



a: Tic douloureux, or idiopathic trigeminal neuralgia, is a condition that creates episodes of acute-onset, severe facial pain. It is most frequently found in patients of middle to old age. Intraoral or facial trigger points initiate the pain, which can be excruciating but is usually not long lasting. The trigeminal nerve's mandibular branch is most often involved, but the etiology is unknown.

29. Which of the following endogenous pigmentation sources is the most common?

- a. Melanin
- b. Bilirubin
- c. Iron
- d. Heavy metals

a: Melanin is a term used to describe natural pigments in the body. It is produced by melanocytes via the oxidation of tyrosine.

30. Which of the following diseases can cause an abnormal melanin deposit in the oral mucosa?

- a. Diabetes mellitus type 1
- b. Acute myelogenous leukemia (AML)
- c. Addison's disease
- d. Thrombocytopenia purpura

c: Patients with Addison's disease frequently have bluish-black or dark-brown areas on the buccal or labial mucosa and possibly on the gingiva.

31. Which of the following laboratory tests measures the intrinsic coagulation pathway?

- a. PT
- b. PTT
- c. International normalized ratio (INR)
- d. PAS

b: The PTT is a measure of the efficacy of the intrinsic pathway that mediates fibrin clot formation. All coagulation factors are measured by this test except factor VII. Normal values are between 25 and 40 seconds. Values that are extended by 5 to 10 seconds represent a mild bleeding disorder; values beyond 10 seconds may be an indicator of a clinically significant bleeding problem.

32. What is the recommended INR therapeutic range for standard oral anticoagulant therapy?

- a. 1.0 to 2.0
- b. 1.5 to 2.5
- c. 2.0 to 3.0
- d. 2.5 to 3.5

c: A value between 2.0 and 3.0 is the recommended therapeutic range for the prevention of deep vein thrombosis, pulmonary embolism, hypercoagulable states, transient ischemic attack, atrial fibrillation, dilated cardiomyopathy, rheumatic mitral valve disease, and stroke.



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