



**Authors:** Adrian Lussi / Thomas Jaeggi  
**Title:** Dental Erosion  
**Subtitle:** Diagnosis, Risk Assessment, Prevention, Treatment  
**Short text:**

As the clinical occurrence of caries has declined and dietary habits have changed in recent decades, attention has shifted toward dental erosion, or tooth demineralization that is not the result of bacteria but rather a multifaceted process involving dietary habits, salivary flow rate, and other physical and mental health factors. This book provides a comprehensive overview of dental erosion, focusing in particular on its diagnosis, risk assessment, prevention, and treatment. The authors detail how to recognize dental erosion through the basic erosive wear examination; how to conduct a thorough risk assessment with a dietary questionnaire, health history, and measurement of salivary flow rate; how to plan appropriate restorative treatment based on the severity of the erosion, providing recommendations for specific instruments and materials to be used; and how to prevent and/or reduce further erosion after treatment through dietary alterations, dental hygiene measures, and even drug treatments or surgical measures. With ample case studies illustrating the many different presentations of dental erosion and with step-by-step restorative procedures detailing treatment, this book presents the information necessary to diagnose and treat dental erosion in clinical practice. A must-have for the student and practicing clinician alike.

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