

Norbert Salenbauch/Arrigo Cipriani/Volker Kriegel

# *Al dente*



Culinary Delight for the Dental Patient  
Recipes, Tips, and Advice

With a Foreword by Frank Celenza



Auflage: 1st Edition 2009  
Seiten: 104  
Abbildungen: 18  
Einband: Hardcover  
ISBN: 978-1-85097-187-0  
Artikelnr.: 17081  
Erschienen: Januar 2009

## Quintessenz Verlags-GmbH

📍 Ifenpfad 2-4  
12107 Berlin  
Deutschland

☎ +49 (0) 30 / 76180-5

📠 +49 (0) 30 / 76180-680

✉ [info@quintessenz.de](mailto:info@quintessenz.de)

🌐 <https://www.quintessence-publishing.com/deu/de>

## Buch-Information

**Autoren:** Norbert Salenbauch / Arrigo Cipriani / Volker Kriegel

**Titel:** Al dente

**Untertitel:** Culinary Delight for the Dental Patient

**Kurztext:**

With genuine understanding for patients undergoing the pain and trauma of rehabilitative treatment, Dr Norbert Salenbauch shows that it is possible to eat well, even feast, throughout the different phases of dental treatment. This book provides valuable preventive measures, self-care tips, and humorous vignettes from his practice, interspersed with the tantalizing recipes and culinary advice of Arrigo Cipriani, owner of the famed Harry's Bar. The reader is taken from the dental chair into a friendly Italian kitchen, where the seductive, comforting aromas and rich flavors seem to waft off the pages and into the senses. The book shows patients that there is no medicine like good food and laughter.

**Contents**

Chapter 01. The First Sign of Trouble  
Chapter 02. Coping with Pain Safely  
Chapter 03. Tooth Sensitivity  
Chapter 04. Facing the Neglect of Your Teeth  
Chapter 05. Preparing for Your Restorative Treatment  
Chapter 06. Simple Tooth Extraction  
Chapter 07. Surgical Tooth Extraction  
Chapter 08. Antibiotics  
Chapter 09. Provisional Teeth  
Chapter 10. Gum Surgery  
Chapter 11. The Joy of Dental Implants  
Chapter 12. Your New Teeth

**Fachgebiet(e):** Fachübergreifend, Patientenaufklärung, Ratgeber Gesundheit & Medizin, Zahnheilkunde allgemein