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Public awareness about risk factors on oral cancer in Northern Germany

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Introduction

Oral cancer is a considerable health problem with more than 10,000 newly diagnosed cases each year in Germany. Comparably little is known about the knowledge of the public on oral cancer and its possible relationship to socioeconomic parameters. It was the aim of this project to investigate the knowledge about risk factors of oral cancer in the State of Schleswig-Holstein in Germany.



Fig. 1: Map of Germany with enlarged view
of the state of Schleswig-HolsteinFig. 2: Percentage of the public who
provided correct responses about risk
(reference: ©Federal Agency of Cartography
and Geodesy, Frankfurt, Germany)

Material and Methods

A well-known German polling firm formulated a telephone-based survey based on a standardized questionnaire. This survey was validated by a pretest and a representative survey (n=1000) via computer-aided telephone interview (CATI) and carried out by the polling firm within the public of Schleswig-Holstein, Germany.

Descriptive statistics of demographic variables of the sample and responses to the questionnaire were reported by means of counts and percentages. Knowledge of the risk factors was further classified according to different socioeconomic categories and their subgroups: age, employment, graduation, income. For further analysis, we calculated the mean knowledge score for all risk factors for the total sample (red-line: 48%) and each subgroup (figure 3-6).

All analyses were done with the SPSS for Windows software.

Results

	Demographic	Distribution $(n = 1,000)$
	Male	483 (48%)
Sex	Female	517 (52%)
	Not known	-
	18-29	157 (16%)
	30-44	281 (28%)
Age	45-59	243 (24%)

\geq 60 319 (32%) Tab. 1: Demographic distribution of the sample of the public



58 Fig. 4: Mean knowledge score of all risk

Pupil/studen

Retired person Housewife

Fig. 3: Mean knowledge score of all risk factors (red-line) in relation to the subgroup 'graduation'



fig. 4: Mean knowledge score of all risk factors (red-line) in relation to the subgroup 'employment'

58



Fig. 5: Mean knowledge score of all risk factors (red-line) in relation to the subgroup 'age'

Fig. 6: Mean knowledge score of all risk factors (red-line) in relation to the subgroup 'income'

Conclusions

The survey illustrated that the public of Schleswig-Holstein is not well-informed about the risk factors of oral cancer. In addition, the low level of knowledge was associated with a low level of certain socioeconomic factors. Improved targeted health education and health promotion strategies for the public are recommended to improve early detection and ultimately the prognosis of oral cancer.

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