


Edition: 2nd completely revised Edition 2019
pages: 164
Images: 350
Cover: Softcover, 19,2 x 24 cm
ISBN: 978-3-86867-477-4
Published: April 2019

QuintEd Pty Ltd

 Suite 2/38 Albany St
NSW 2065 St Leonards
Australia

 +61 434521025

 admin@quinted.com.au

 <https://www.quintessence-publishing.com/anz/en>

Book information

Authors: Reinhold Roth
Title: Taping – Kinesiologisches Tapen mit Sensotape®
Subtitle: Basiswissen | Anlagetechniken | Anwendung

Short text:

Sensotape® is an innovative new product from Japanese medicine and is based on the principles of kinesiology taping. The unique, gentle, and drug-free treatment method is becoming increasingly important in sports medicine and has also become the focus of general medical and therapeutic interest in recent years. Sensotape® has a wide range of effects, including the muscles, tendons, ligaments, joints, and lymphatic system; it activates the body's own self-healing powers without restricting physical mobility. This guidebook introduces the theoretical and practical principles of the treatment method and explains how to use it for a wide variety of ailments. The graphic representation of the affected structures and the detailed illustrated step-by-step instructions for the appropriate tape application in each case make the book a solid guide for daily therapeutic practice. It is also suitable for trainees in the healing professions, trainers, athletes, and interested laypersons due to its clear explanations.

Categories: Physiotherapy, Guide Health & Medical Science